

Information for the parents of classes V to IX students

Session: 2025-26

ES RAU/DEC/49

December 16, 2025

Subject:- Parenting Session-reg.

**Dear Parents,
Namaste!**

As children enter the pre-teen and teenage years, they experience significant physical, emotional, and social changes. Parenting students of Classes V to IX during this phase can be particularly challenging, especially in today's rapidly evolving, technology-driven world where children are constantly influenced by digital media, peer pressure, and changing social dynamics.

Understanding these challenges, the school is pleased to organize a **Parenting Session exclusively for parents of pre-teen and teen children (Classes V to IX)**. The session aims to equip parents with practical strategies to support their children with empathy, confidence, and effective communication during these formative years.

The session will be conducted by a renowned speaker (**Mrs. Asha Bhatia, former Sr. Vice-principal and Dean academics, The Shishukunj International School, North Campus**). The speaker is also an educationist, reflective practitioner, writer, trainer, counselor and parenting coach with extensive experience of working with schools, she is known for guiding parents and educators on adolescent behavior, emotional well-being, and positive parenting practices.

Details of the Session are as follows:

- **Topic:** Understanding the pre-teen and teenagers world (Age 10-15 years)
- **Classes:** V to IX
- **Day & Date:** Sunday, December 21, 2025.
- **Time:** 10:30 am to 12:30 pm followed by Hi-Tea.
- **Venue:** School Auditorium

We strongly encourage all parents of Classes V to IX students to attend this insightful session, as your participation will play a vital role in supporting your child's holistic development. Parents are welcome to bring along friends or relatives who may also benefit from this enlightening session.

We look forward to your presence and active participation.

Warm Regards,



**Manish Saxena
Principal**

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