



Information for the parents of girl students of class V to VIII

Session: 2024-25

August 9, 2024

Subject: Workshop on menstrual hygiene for girl students and their mothers

Dear Parents and students,

Namaste!

We are pleased to inform you that in collaboration with the team Young Indians, we are hosting an important workshop on raising awareness about menstrual hygiene and dispelling myths surrounding menstruation by an expert speaker, the seminar aimed to educate girl students on proper menstrual hygiene practices and adolescent nutrition. This initiative aims to provide valuable information and guidance to our girl students and their mothers on maintaining health and hygiene during menstruation. The session will be concluded with question and answer round.

Details of the Workshop:

Date: 12.08.2024

Time: 10:30 am to 11:30 am

The presence of mothers during the workshop is encouraged, as it will provide an opportunity for open communication and shared learning.

We look forward to your participation and to making this workshop a guide for girl students. Together, we can support our students in leading healthy and informed lives.

Thank you for your attention and cooperation.

Regards

Neha Sinha

Academic Coordinator

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