

Circular for the parents of Classes III to VIII students

Session: 2024-25

ES Rau/August/24

August 27, 2024

Subject: Health Summit- Aarogyam -2024 for students of classes III to VIII

Dear Parents,
Namaste!

We are delighted to announce that our school is going to organize **Health Summit- Aarogyam - 2024 on Saturday, 21.09.2024**. This event is designed to educate and empower our young students with essential knowledge and habits for maintaining a healthy lifestyle and to encourage them to take an active role in their health, nutrition and well-being.

During this summit students will research and present their learnings about the pressing health challenges, symptoms, causes, precautions and preventions taken to avoid the diseases and tips to live a healthy life. Students will also develop various skills like; thinking, researching, speaking, presentation etc. they will also learn collaborative learning, team work, and being confident.

The process to conduct this complete summit is as:

1. Allotment of various types of diseases associated with different internal organs to carry out research.
2. Training sessions for students to participate in summit.
3. Study guides and Code of Conduct of the summit for research and presentation.

The schedule of complete summit is presented here for your convenience:

SCHEDULE FOR HEALTH SUMMIT- AAROGYAM -2024

S. No.	Event	Date	Particulars
1.	Allotment of organ wise committees and agendas.	28.08.2024	Educators will explain in school and will upload the lists in Google classroom
2.	Distribution of Study Guides	29.08.2024	Educators will explain in school and will provide the hand book in the class.
3.	Training session-1 (What to do? and How to do?) Doubt clearing session	06.09.2024	Training session by Academic Coordinator.
4.	Research work by students on the topics allotted.	29.08.2024- 13.09.2024	Parents are requested to help children in their research work
5.	Training Session -2 (Techniques of presentation, speeches & preparation of power point presentation) Doubt clearing session	14.09.2024	Training session by Academic Coordinator.
6.	Training Session-3 (Mock presentations, speeches and briefing of Rules of Procedure {ROP}) Doubt clearing session	17.09.2024	Training session by Academic Coordinator.
7.	Ekayanaa Health Summit- Aarogyam -2024 (Dress code: Western Formal)	21.09.2024	School Auditorium.

Parents are requested to encourage their ward to participate in **Health Summit- Aarogyam -2024**. **Marks of Subject Enrichment / Activity project for English and Science subject will be allotted through the summit participation and presentation.**

Activities and Highlights:

- **Inspirational Speech:** Experts in health field will share their wisdom and motivate our students to take charge of their health.
- **Inspiring research:** Students will deliver inspiring researches, sharing their knowledge and learnings to maintain healthy life.
- **Students' Presentations:** Students will showcase their research on various allotted topics.
- **Awards and Honours:** In every committee various awards will be distributed on the basis of:
 1. Best Research
 2. Best Presentation.
 3. Most Confident delegate.
 4. Mindful Master Award- Code of conduct follower.
 5. Health Hero Award-Overall best performance.

We kindly request you to motivate your ward at every stage (in the research work according to the allotted topic and in preparation of power point presentation).

Thank you for your continued support and cooperation in making the school a center for excellence in holistic education.

Kind regards

Ms. Neha Sinha
Academic Coordinator

Mr. Manish Saxena
Principal

R

A

U

C

A

M

P

U

S