

Talk on My Favourite Food

(2023-24)

Class : I

Dear Parents,
Namaste!

We hope this message finds you well. We are thrilled to share some wonderful moments from our recent activity "Talk on My Favorite Food". This activity empowered children to confidently share their food preferences with their classmates, fostering self-assurance and open communication. This activity considered as their EVS project. This activity enlightened our young learners with the idea of healthy and junk food. Through these conversations, kids gain insights into nutritious eating, promoting lifelong awareness of balanced choices. This dual-purpose activity encouraged both, self-expression and choosing healthy food.

Regards

Rashmi Jain

Coordinator (Nursery to Class II)



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